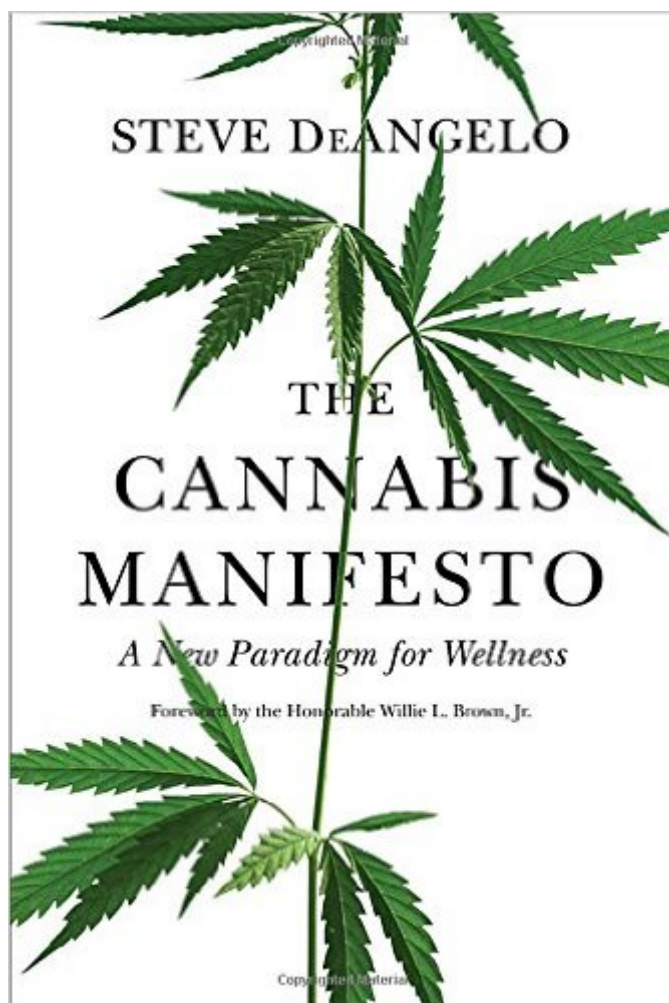


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The Cannabis Manifesto: A New Paradigm For Wellness



Synopsis

The Cannabis Manifesto is both a call to action and a radical vision of humans' relationship with this healing but controversial plant. Steve DeAngelo, the founder of Harborside Health Center, the world's largest medical-cannabis dispensary, presents a compelling case for cannabis as a wellness catalyst that must be legalized. His view that "there is no such thing as recreational cannabis use" challenges readers to "rethink everything they thought they knew about marijuana." The Cannabis Manifesto answers essential questions about the plant, using extensive research to fuel a thoughtful discussion about cannabis science and law, as well as its biological, mental, and spiritual effects on human beings. With a cultural critic's eye peering through the lens of social justice, DeAngelo explains how cannabis prohibition has warped our most precious institutions—from the family, to the workplace, to the doctor's office and the courtroom. In calling for a realistic national policy on a substance that has been used by half of all Americans, this essential primer will forever change the way the world thinks about cannabis, its benefits, and the laws governing its use.

Book Information

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Customer Reviews

"In The Cannabis Manifesto, Steve DeAngelo has written what amounts to the Declaration of Independence for Cannabis." —Sara Davidson, author of Loose Change "Steve DeAngelo is the earliest pioneer of socially responsible and patient- and community-centric cannabis distribution. If you are wondering if medical cannabis might help you or

a friend or family member, or if you have questions about medical cannabis, or if you're just trying to figure out what this issue entails, let this book be your guide.

• Willie L. Brown, Jr., 41st mayor of San Francisco "I don't know that there's anyone on the planet right now who possesses Steve DeAngelo's level of business savvy and knowledge of the cannabis plant. When he offers up his wisdom, people should listen and try to soak up as much knowledge as they can. I know I do."

• Johnny Green, editor of The Weed Blog "Steve DeAngelo is the kind of devoted activist who normally would get hospitals and schools named after him, if he had been advocating something more mainstream. He is articulate, fiercely tenacious, and lives by his own principles, in life and in business. But as our recent history has shown, he might have something more important than a monument—a victory."

• Peter Sagal, host of NPR's Wait Wait Don't Tell Me "A pioneering voice in the movement to liberate the cannabis plant and those who rely on it for health and wellness, Steve DeAngelo shares his vision for a more just world in this forward-thinking manifesto."

• Aaron Smith, executive director of National Cannabis Industry Association "Steve DeAngelo has been an icon in the cannabis movement and industry for a very long time. I don't know that there's anyone on the planet right now that possesses Steve's level of business savvy and knowledge of the cannabis plant. When Steve offers up his wisdom, people should listen and try to soak up as much knowledge as they can. I know I do. The Cannabis Manifesto is a book that every cannabis enthusiast should have on their bookshelves."

• Johnny Green, editor of the Weed Blog "By willing into existence a lab to test the cannabis provided to patients by his dispensary, Steve DeAngelo jump-started the CBD era in America."

• Fred Gardner, managing editor, O'Shaughnessy's clinical journal "Steve DeAngelo says what needs to be said in this bold and thoughtful manifesto. He's a role model for budding cannabis entrepreneurs who understand the unique relationship of this nascent industry to the broader struggle for freedom and justice in America."

• Ethan Nadelmann, Founder and Executive director of the Drug Policy Alliance. "There's no greater authority in the United States on marijuana and the laws surrounding it than Steve DeAngelo."

• Morgan Spurlock, Oscar-nominated documentary filmmaker, producer, CNN's Inside Man "Finally, an intelligent public discourse about cannabis. Steve DeAngelo, with his huge heart, brilliant mind, and activist spirit, has created in The Cannabis Manifesto an invitation to a promising paradigm shift."

• Ricky Williams, NFL professional, Heisman Trophy winner

Steve DeAngelo has been a cannabis activist, advocate, entrepreneur, and educator for almost four decades. His vision and leadership have been featured by news teams from around the globe including the New York Times, Washington Post, CNN, Associated Press, Wall Street Journal, NPR, and BBC. His creation of the landmark Harborside Health Center, the largest medical marijuana dispensary in the world, set the standard for providing safe access, responsible use, and lab-tested, high quality medicine. In 2010, DeAngelo launched the cannabis industry's first investment and research firm, The Arc View Group, one of the top ten angel investment groups in the U.S.

This is an important book in the way that (CNN) Sanjay Gupta's film "Weed" was. This book coming out now is another watershed moment in the inevitable normalisation of this simple, safe, and fantastically useful medicinal herb. America (and the world) is slowly waking up to the issues: the historic embarrassment of prohibition, the institutionalised hypocrisy, the criminal-level waste of taxpayers' money, and the gross miscarriage of justice dumped on the backs of mostly innocent civilians like you and me. Beyond even these critical things is the fact that America (and the world) is slowly waking up to truth of the genuine benefit Cannabis has today for our well being and the well being of our children, on so many levels. There is no new information presented here, no great revelations - simply a well thought out, intelligently presented Manifesto whose time has come. It is important that this issue no longer be important, but become a simple fact of every day life for anyone who chooses to benefit. Kudos to Steve DeAngelo for doing what he's been doing all these years, for bringing this material together in such a clear, calm and intelligent way, and most of all for sticking his neck out as he continues to do.

As a scientist and medical marijuana activist for decades, I had recently read Russo, Clarke, Backas, and others but put DeAngelo's book off for later to "catch up on politics". Wow, I am so happy I had the pleasure of reading this incredible book. I expected a solid political statement from the founder of the Harborside in Oakland - and it is. I did not expect Manifesto to be so well-written and so fun to read that is nearly impossible to put down. Manifesto remains serious and informative but also funny and moving. It fills in blanks for me since I don't live in California and medical marijuana laws works differently in each state. I remember in 1996 after California's Prop 215 passed and Dennis Peron said all marijuana use was medical, he seriously challenged my thinking and some activists worried he could be misinterpreted. DeAngelo updates us by saying the two types of use are "medical use" and "misuse". DeAngelo challenges how we think about Cannabis. Some of the fascination of this book is because it is part-manifesto, part-memoir of the Cannabis

freedom movements, and part auto-biography woven seamlessly. If you support medical Cannabis, buy this book and give it to your family and friends. If you know any burned-out activists who worry investor money is clouding social justice reform (search for "Responsible Ohio 2015"), then buy this book for them. DeAngelo's thoughtful prose will ignite or re-ignite our social justice spark we need to care for others. This is the ultimate value in his Steve DeAngelo's The Cannabis Manifesto.

This book changed how my husband looked at his own cannabis usage. He said that he realized that he was using cannabis primarily for relaxation and pain control rather than intoxication. The book reframes how we should have conversations about the legalization of cannabis. It clearly breaks it into separate pieces - among these how cannabis should never have been made illegal, as well as demanding that non-users stop considering this a moral issue. It gives arguments and responses to the criticisms of the prohibitionists. He found it an empowering book and considered it a "how to" guide for becoming a more efficient cannabis activist. It lays out a very clear framework on how to deal with opposing views in an effective, positive and respectful manner.

Steve was very thorough and precise in his research, with the only critique I could issue is I would have liked to see more all about the double-blinded studies currently available on cannabis, with respect to THC and especially CBD or cannabidiol. Steve did not go into great detail on how CBD has shown great leaps and bounds in not just putting Crohn's disease into full remission, but also how scientific experiments have shown CBD to break down the plaque deposits in brains of Alzheimer's patients. Would also like to have read Steve explaining major difference in status of double-blinded studies about cannabis, and how this differs from other scientific research. Regardless, his new book is a good read and did touch upon many historical and factual points. Also, would like to see Steve's next book(if any), touch upon facts of how BIG LOBBY money is spent by pharmaceuticals, alcohol, and tobacco lobbies in regard to how it is so quietly received by our politicians and its current but powerful influence on said politicians.

I'm so grateful that we have activists like Steve DeAngelo on our side. In my lifetime, I've seen a major shift in cannabis policy in large part due to the hard work of Steve and others. This is an important book for the cannabis movement. Thanks, Steve!

Excellent! Well written and documented. A comprehensive and referenced list of medical uses is presented. The history of the government's deception brings back some reminiscence. The case for

legalization is completely and logically detailed. NORML or some other organization should buy large numbers of this book and pass them out to as many people as possible. I always carry one with me and give it to anyone who asks about it and seems interested. I grew up in SOCAL and was one of the early 70's NORML supporters. Being a professional however forced me hide and eventually give up a safe and pleasant pastime. Fifty years later I live in Washington and have finally arrived. There's still a huge amount of work to be done.

I've had the opportunity to hear Steve DeAngelo speak many times and he is always captivating. After reading the first few pages of his book, I can sense he also has the ability to captivate me in his writing as well. Steve knows so much about the plant, the industry and the movement around ending prohibition of cannabis. I also love the added "gifts" of digital documentation that have accompanied my order.

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